

**SEASONAL SEED COLLECTION CHART** for some edible species native to the Northeast U.S. and Eastern Canada - **FIRST DRAFT** - Prepared 2/27/20 by Georgia Hann, and based on data supplied by Russ Cohen (eatwild@rcn.com).

Common Name	Scientific Name	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Wild leek	<i>Allium tricoccum</i>									█	█	█	█
Juneberry	<i>Amelanchier spp.</i>						█						
Hog peanut	<i>Amphicarpaea bracteata</i>									█	█		
Angelica	<i>Angelica atropurpurea</i>							█					
Groundnut	<i>Apios americana</i>									█			
American spikenard	<i>Aralia racemose</i>									█			
Black chokeberry	<i>Aronia melanocarpa</i>										█	█	
Common milkweed	<i>Asclepias syriaca</i>										█		
Pawpaw	<i>Asimina triloba</i>										█		
Yellow birch	<i>Betula allegheniensis</i>		█	█							█	█	█
Black birch	<i>Betula lenta</i>		█	█							█	█	█
Sea rocket	<i>Cakile edentula</i>									█			
Marsh marigold	<i>Caltha palustris</i>						█						
Pignut hickory	<i>Carya glabra</i>										█	█	
Shagbark hickory	<i>Carya ovata</i>									█	█		
American chestnut	<i>Castanea dentata</i>									█	█		
Hackberry	<i>Celtis occidentalis</i>										█		
Fireweed	<i>Chamerion angustifolium</i>									█			
Clintonia	<i>Clintonia borealis</i>									█			



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Canada lily	<i>Lilium canadense</i>										█		
Spicebush	<i>Lindera benzoin</i>									█			
Canada mayflower	<i>Maianthemum canadense</i>									█	█	█	
False Solomon's seal	<i>Maianthemum racemosum</i>									█	█		
Starry false Solomon's Seal	<i>Maianthemum stellatum</i>									█	█		
Indian cucumber	<i>Medeola virginiana</i>									█	█		
Partridgeberry	<i>Mitchella repens</i>	█											█
Wild bergamot	<i>Monarda fistulosa</i>									█	█		
Red mulberry	<i>Morus rubra</i>						█	█					
Tupelo	<i>Nyssa sylvatica</i>									█	█		
Evening primrose	<i>Oenothera biennis</i>									█	█	█	
Sweet Cicely	<i>Osmorhiza longistylis</i>						█	█					
Dwarf ginseng	<i>Panax trifolium</i>					█	█						
Ground cherry	<i>Physalis spp.</i>									█	█		
Pokeweed	<i>Phytolacca americana</i>									█	█		
Seaside plantain	<i>Plantago maritima v. juncoides</i>									█	█		
May apple	<i>Podophyllum peltatum</i>									█	█		
Solomon's seal	<i>Polygonatum spp.</i>									█	█		
American plum	<i>Prunus americana</i>									█			
Beech plum	<i>Prunus maritima</i>									█	█		
Pin cherry	<i>Prunus pensylvanica</i>							█	█				

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Black cherry	<i>Prunus serotina</i>								█	█			
Choke cherry	<i>Prunus virginiana</i>								█	█			
White oak	<i>Quercus alba</i>									█	█		
Burr oak	<i>Quercus macrocarpa</i>									█	█		
Meadow beauty	<i>Rhexia virginica</i>									█	█		
Smooth sumac	<i>Rhus glabra</i>								█	█	█		
Staghorn sumac	<i>Rhus typhina</i>								█	█	█		
Northern dewberry	<i>Rubus flagellaris</i>									█			
Swamp dewberry	<i>Rubus hispidus</i>									█			
Black raspberry	<i>Rubus occidentalis</i>									█			
Dwarf raspberry	<i>Rubus pubescens</i>									█			
Blackberry	<i>Rubus spp.</i>									█			
Black elderberry	<i>Sambucus nigra</i>									█	█		
Sassafras	<i>Sassafras albidum</i>									█			
Carrion flower	<i>Smilax herbacea</i>										█	█	
Sweet goldenrod	<i>Solidago odora</i>										█	█	
Clasping-leaf twisted-stalk	<i>Streptopus amplexifolius</i>										█		
Lance-leaf twisted-stalk	<i>Streptopus lanceolatus</i>										█		
Basswood	<i>Tilia americana</i>										█	█	
Perfoliate bellwort	<i>Uvularia perfoliata</i>										█		
Highbush blueberry	<i>Vaccinium corymbosum</i>										█	█	



