

Amy Nyman



*Plants with True Grit*

ELA Conference - March 7, 2019

## Salt Tolerant Plants

### Herbaceous

*Achillea millefolium* - yarrow

*Agastache foeniculum* - anise hyssop

*Allium cernuum* - nodding onion

*Amsonia hubrichtii* - bluestar

*Aquilegia canadensis* - wild columbine

*Arctostaphylos uva-ursi* - bearberry

*Asclepias* varieties

*Aster ericoides* 'Snow Flurry' - heath aster

*Baptisia australis* - false indigo

*Caltha palustris* - marsh marigold

*Carex pennsylvanica* - Pennsylvania sedge

*Dalea purpurea* - purple prairie clover

*Deschampsia flexuosa* - wavy hairgrass

*Heuchera americana* - alumroot

*Heuchera villosa* - hairy alum root

*Hibiscus moscheutos* - rosemallow

*Iris versicolor* - blue flag

*Juncus effusus* - soft rush

*Liatris spicata* - spike gayfeather

*Lupinus perennis* - wild lupine

Mint Family - Agastache, Blephilia, Clinopodium, Monarda, Pycnanthemum, Scutellaria

*Packera aurea* - golden ragwort

*Polystichum aristichoides* - Christmas fern

*Rosa virginiana* - Virginia rose

*Oenothera fruticosa* - sundrops

*Rudbeckia hirta* - black-eyed Susan

*Sedum ternatum* - stonecrop

*Schizachyrium scoparium* - little bluestem

*Sporobolus heterolepis* - prairie dropseed

*Thelypteris palustris* - Marsh fern

*Zizia aurea* - golden Alexander Shrubs

### Shrubs

(highly tolerant)

*Rosa rugosa* - rugosa rose

(moderately tolerant)

*Amorpha fruticosa* - indigo bush

*Aronia arbutifolia* - red chokeberry

*Aronia melanocarpa* - black chokeberry

*Ceanothus americanus* - New Jersey tea

*Clethra alnifolia* - sweet pepper bush

*Ilex glabra* - inkberry

*Myrica caroliniensis* (*pennsylvanica*) - northern bayberry

*Potentilla fruticosa* - shrubby

*Prunus maritima* - beach plum

*Rhododendron viscosum* - swamp azalea

*Rhus aromatica* 'Gro Low' - dwarf aromatic sumac  
*Rhus copallina* - winged/shining sumac

#### Trees

(highly tolerant)

*Juniperus virginiana* - Eastern red cedar

(moderately tolerant)

*Betula nigra* - river birch

*Ilex opaca* - American holly

*Ilex verticillata* - winterberry

*Magnolia virginiana* - sweet bay magnolia

*Nyssa sylvatica* - tupelo/black gum

*Oxydendrum arboreum* - sourwood

#### Plants for Narrow Spaces

*Allium cernuum* - nodding onion

*Amelanchier canadensis* - shadblow serviceberry *Aronia arbutifolia* 'Brilliantissima' - red chokeberry

*Aronia melanocarpa* - black chokeberry

*Campanula americana* - tall bellflower

*Carex* varieties

*Comptonia peregrina* - sweet fern

*Dodecatheon meadia* - shooting star

*Gillenia trifoliata* - Bowman's root

*Hibiscus moscheutos* - swamp mallow

*Iris versicolor* - blue flag

*Juncus tenuis* - path rush

*Koeleria macrantha* - June grass

*Liatris spicata* - Spike gayfeather

*Lobelia cardinalis* - Cardinal flower

*Lobelia siphilitica* - great blue lobelia

*Panicum virgatum* - switch grass

*Polygonatum biflorum* - Solomon's seal

*Schizachyrium scoparium* - little bluestem

*Thermopsis caroliniana* - Carolina lupine

*Gaylussacia brachycera* - box huckleberry

*Chrysogonum virginianum* - green & gold

*Ionactis linarifolia* - stiff aster

*Juniperus horizontalis* - creeping juniper

*Packera obovata* - golden groundsel

*Panicum virgatum* - switchgrass

#### Deer Resistant Plants

\*\*\*Any plant might be eaten in a given year or region, or dependent on level of deer pressure.

Rutgers - plants rated by typical deer resistance

<<https://njaes.rutgers.edu/deer-resistant-plants/>>